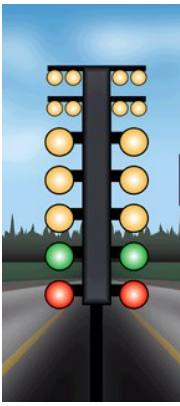


5K Race Form



FISHER-TITUS MEDICAL CENTER 5K RACE FOR HEALTHY HEARTS

Summit Motorsports Park
1300 State Route 18 | Norwalk
SATURDAY, SEPT. 8 8:30 A.M.
7:30 a.m. Registration/Check-in

The Fisher-Titus 5K Race for Healthy Hearts is a part of The Fisher-Titus RACE & WALK for Healthy Hearts which also features a non-competitive 2-mile Walk. The event raises awareness and funds to improve the cardiovascular health of our community through heart and stroke education and prevention. The fund also supports hospital programs for heart and stroke patients. **All funds stay local and serve our own community.**

CHECK-IN: Parking will be available inside the park with check-in stationed under the grandstands. Check-in begins at 7:30 a.m.

COURSE: The Course begins on the track and finishes under the grandstands.

AWARDS: Male/Female Top Finishers; First Place Male & Female in the following categories:
11 & Under; 12-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 & over

REGISTRATION: Runners competing in the 5K Race must register using the form below or online at www.fishertitus.org/healthyhearts

Those participating in the traditional non-competitive 2-mile walk should use Walk Team Registration Form.

FEES:

- \$20 Registration: Must be registered by Aug. 15 to receive a free race t-shirt
\$25 Registration: Sept. 8 – day of race.
- I would like to make a donation of \$_____ to the Fisher-Titus Foundation/Heart Fund
- Total Amount Enclosed: _____

Make checks payable to: Fisher-Titus Foundation/Heart Fund

Name _____ Gender _____ Age _____

Shirt Size: S M L XL 2XL 3XL

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

I agree that I will not hold Fisher-Titus Medical Center, The Norwalk Parks & Recreation Department and City of Norwalk, Summit Motorsports or any other organizing parties or sponsors liable for any injuries incurred during the Fisher-Titus Race & Walk for Healthy Hearts. I assume all responsibility as a result of being permitted to participate in this event.

Signature _____ Date _____
(parent/legal guardian if under the age of 18)

Return registration form with check to:
Fisher-Titus Medical Center Marketing Department 272 Benedict Ave. Norwalk, OH 44857
For more information, call Niki Cross at 419-663-6775, ext. 1026 or e-mail ncross@norwalkoh.com