

Race Date
July 22, 2023

Beulah Beach 5K
Age Group Results

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Kara Woodruff		271	14	17	23:25.4	23:29.0	0:03.6	7:35/M

Race Date
July 22, 2023

Beulah Beach 5K

Age Group Results

Female 14 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Ally Goebbel		214	14	27	26:23.7	26:27.8	0:04.1	8:32/M
2	* Elyse Myntti		237	13	54	30:25.4	30:35.6	0:10.1	9:52/M
3	* Melody Smith		324	12	67	32:12.4	32:30.0	0:17.5	10:29/M
4	Audrey Yonley		328	12	68	32:12.7	32:29.9	0:17.1	10:29/M
5	Abigail Meck		234	14	69	32:24.6	32:30.3	0:05.7	10:29/M
6	Nichole Hicks		303	10	73	33:22.4	33:28.2	0:05.7	10:48/M
7	Olivia Kudrin		332	11	74	33:25.7	33:31.9	0:06.2	10:49/M
8	Lily Stockmaster		325	13	75	33:26.2	33:37.1	0:10.9	10:51/M
9	Emma Flynn		321	14	79	33:34.1	33:44.9	0:10.7	10:53/M
10	Josephine Rockwell		245	11	82	34:41.7	34:48.2	0:06.4	11:14/M
11	Jessica Rockwell		244	9	87	36:06.5	36:13.5	0:06.9	11:41/M
12	Elsie Shumaker		251	13	90	36:54.7	37:05.3	0:10.5	11:58/M
13	Zoey Yonley		330	9	98	38:36.1	38:54.2	0:18.1	12:33/M
14	Rilee Kouσμα		297	12	99	38:47.8	38:58.9	0:11.0	12:34/M
15	Zoey Kudrin		333	9	103	41:34.1	41:41.1	0:07.0	13:27/M
16	Ava Hicks		302	11	104	41:35.6	41:41.0	0:05.4	13:27/M
17	Scarlett King		331	9	112	45:33.4	45:39.8	0:06.4	14:44/M

Female 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Melody Seager		256	18	21	25:07.4	25:09.6	0:02.2	8:07/M
2	* Kylie Arnett		200	17	24	25:28.9	25:41.5	0:12.6	8:17/M
3	* Laura Sexton		258	19	40	27:53.4	28:12.0	0:18.6	9:06/M
4	Meredith Pinkston		242	19	78	33:30.0	33:39.4	0:09.3	10:51/M
5	Abigail Moore		335	18	106	43:35.8	44:00.5	0:24.6	14:12/M

Female 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Martha Bruckner		309	23	32	27:00.2	27:04.7	0:04.4	8:44/M
2	* Sophia Anderson		307	20	48	29:18.1	29:38.1	0:20.0	9:34/M
3	* Emma Rex		243	21	51	29:37.9	29:50.1	0:12.2	9:37/M
4	Rachel Schar		248	23	56	31:04.6	31:09.1	0:04.4	10:03/M
5	Reagan Baughman		201	22	88	36:11.0	36:23.3	0:12.2	11:44/M
6	Melissa Gillentine		213	28	109	45:00.2	45:21.1	0:20.8	14:38/M

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Jennifer Nunes		289	30	45	28:40.4	29:07.7	0:27.3	9:24/M
2	* Jessica Yonley		329	39	55	30:34.8	30:42.6	0:07.7	9:54/M
3	* Hannah Westphal		266	30	72	33:15.3	33:23.4	0:08.1	10:46/M
4	Ashley Kinney		224	39	84	34:59.4	35:04.5	0:05.0	11:19/M
5	Lesley Gainer		279	35	97	38:30.5	38:50.3	0:19.8	12:32/M
6	Rachael Kaufman		283	37	102	41:28.3	41:47.0	0:18.7	13:29/M
7	Rachel Duarte		210	34	110	45:00.5	45:21.2	0:20.6	14:38/M
8	Elizabeth Koba		284	35	119	49:41.0	49:54.2	0:13.1	16:06/M
9	Shelly Carr		277	38	122	50:53.4	51:22.1	0:28.7	16:34/M
10	Tina Thomas		222	37	124	55:00.3	55:22.3	0:22.0	17:52/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Anna Beatty		308	42	18	24:14.1	24:22.9	0:08.8	7:52/M
2	* Laney Smith		323	44	28	26:38.6	26:52.9	0:14.2	8:40/M
3	* Alison Winans		267	42	39	27:49.7	27:56.9	0:07.1	9:01/M
4	Miquette McMahon		338	43	44	28:32.8	28:41.6	0:08.7	9:15/M
5	Erin Suhadolnik		260	44	81	34:31.5	34:34.8	0:03.3	11:09/M
6	Regina Rockwell		246	42	89	36:50.0	36:57.1	0:07.1	11:55/M

Race Date
July 22, 2023

Beulah Beach 5K

Age Group Results

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
7	Olivia Liss		227	42	91	37:01.2	37:15.0	0:13.8	12:01/M
8	Rachel Druckemiller		209	42	92	37:02.1	37:15.7	0:13.6	12:01/M
9	Emily Morris		236	43	93	37:25.7	37:31.7	0:05.9	12:06/M
10	Alina Ludwig		285	47	95	37:41.7	37:54.2	0:12.4	12:14/M
11	Julie Myntti		238	45	105	41:46.5	41:57.5	0:10.9	13:32/M
12	Amanda Bode		202	41	107	44:40.2	44:54.8	0:14.6	14:29/M
13	Todd Hodge		220	41	111	45:16.0	45:30.2	0:14.2	14:41/M
14	Deidre Shumaker		250	45	114	48:12.6	48:23.4	0:10.8	15:36/M
15	Carrie Brockway		275	41	115	48:16.1	48:36.8	0:20.7	15:41/M
16	Mandy Cooper		315	46	128	59:03.7	59:27.8	0:24.1	19:11/M

Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Kelli Zacharias		306	56	86	35:04.7	35:20.7	0:16.0	11:24/M
2 *	Michelle Fausett		211	58	117	48:32.0	48:50.6	0:18.6	15:45/M
3 *	Marrie Hampton		218	56	118	48:32.0	48:50.6	0:18.6	15:45/M
4	Marla Szoradi		264	56	121	50:47.8	50:57.3	0:09.5	16:26/M
5	Angie Swanbeck		261	59	123	51:53.6	52:06.1	0:12.5	16:48/M

Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Lisa Frame		278	60	66	31:52.7	32:20.1	0:27.3	10:26/M
2 *	Leslie Simko		296	60	80	34:27.5	34:46.8	0:19.2	11:13/M
3 *	Sue Michos		235	62	94	37:29.8	37:42.9	0:13.0	12:10/M
4	Jerri Summers		292	64	96	38:01.5	38:21.5	0:20.0	12:22/M
5	Jennifer Buzzard		204	65	101	39:29.8	39:40.1	0:10.3	12:48/M

Female 70 and Over

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Nancy McMahon		233	79	125	55:37.4	56:00.3	0:22.9	18:04/M

Race Date
July 22, 2023

Beulah Beach 5K
Age Group Results

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>	<u>Chip</u>	<u>Diff</u>	<u>Pace</u>
1	Zeb Wilson		301	18	1	19:02.9	19:04.1	0:01.2	6:09/M

Race Date
July 22, 2023

Beulah Beach 5K

Age Group Results

Male 14 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Fritz McCully		229	14	2	20:10.4	20:12.2	0:01.8	6:31/M
2	* Isaac McFarland		231	13	8	22:04.3	22:04.3		7:07/M
3	* Jackson Geist		299	14	11	22:31.2	22:33.8	0:02.5	7:16/M
4	Elijah Workman		273	9	22	25:08.9	25:08.9		8:06/M
5	Graham Bartzten		274	11	29	26:39.1	26:39.1		8:36/M
6	Simon Geist		300	8	30	26:48.3	26:51.3	0:02.9	8:40/M
7	Lucas Winans		268	13	34	27:11.5	27:17.9	0:06.3	8:48/M
8	Andrew Childs		310	14	50	29:33.6	29:38.2	0:04.6	9:34/M
9	Malachi Nussbaum		339	10	52	30:04.5	30:08.7	0:04.1	9:43/M
10	Paul Childs		312	12	53	30:07.6	30:11.8	0:04.2	9:44/M
11	William Shumaker		254	10	57	31:05.0	31:08.1	0:03.1	10:03/M
12	Kevin Shumaker		253	10	61	31:33.3	31:37.0	0:03.7	10:12/M
13	Connor Wagner		294	10	62	31:35.4	31:50.3	0:14.9	10:16/M
14	Unknown Partic. 368		368		64	31:35.7	31:50.4	0:14.6	10:16/M
15	Micah Winans		269	10	65	31:36.5	31:42.6	0:06.1	10:14/M
16	Quinn Myntti		239	10	70	32:33.6	32:36.7	0:03.1	10:31/M
17	Liam Patterson		305	5	77	33:27.7	33:33.3	0:05.5	10:49/M
18	Ethan Fausett		317	13	116	48:31.6	48:50.9	0:19.2	15:45/M
19	Sylas Andrews		199	7	126	58:38.2	59:00.4	0:22.2	19:02/M

Male 15 to 19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* John Childs		311	15	3	20:22.5	20:22.5		6:34/M
2	* Aidna Gatchell		318	19	5	20:47.1	20:48.8	0:01.6	6:43/M
3	* Wade Atkins		336	18	7	21:52.5	21:55.4	0:02.9	7:04/M
4	TJ Budic		203	16	10	22:27.9	22:29.8	0:01.8	7:15/M
5	Alexander Boardwin		340	19	12	22:33.7	22:35.6	0:01.9	7:17/M
6	AJ Gerber		298	17	25	25:52.1	26:05.2	0:13.0	8:25/M
7	Grant Rinehart		247	19	76	33:26.9	33:35.3	0:08.4	10:50/M
8	Eli Cooper		313	18	127	59:00.2	59:24.9	0:24.7	19:10/M

Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Lucas Wilson		342	20	4	20:26.8	20:28.6	0:01.8	6:36/M
2	* Paul Seong		257	21	14	22:36.9	22:43.3	0:06.4	7:20/M
3	* Jason Manzon		228	21	15	22:46.1	22:53.3	0:07.2	7:23/M
4	Bryan Dieken		207	22	16	23:13.0	23:14.3	0:01.3	7:30/M
5	Zach Dutton		320	21	23	25:18.4	25:37.6	0:19.2	8:16/M
6	Benjamin Schar		249	24	26	26:21.5	26:24.8	0:03.2	8:31/M
7	Zach Hadeed		217	20	38	27:46.5	28:05.1	0:18.5	9:04/M
8	Courtland Gilbert		212	22	43	28:19.2	28:28.0	0:08.7	9:11/M
9	Noah Cooper		316	20	130	59:12.6	59:27.7	0:15.0	19:11/M

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* John Laino		319	31	9	22:24.4	22:32.3	0:07.8	7:16/M
2	* Drew Dufresne		337	39	19	24:27.5	24:30.0	0:02.5	7:54/M
3	* Zachary Hoffman		282	37	20	24:28.0	24:32.0	0:04.0	7:55/M
4	Stephan Stann		259	32	59	31:24.1	31:32.3	0:08.1	10:10/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Jason Liss		226	45	6	20:55.2	20:55.2		6:45/M
2	* Matthew Clingman		205	48	35	27:19.1	27:21.8	0:02.6	8:49/M
3	* Tyler Tooman		327	47	37	27:24.3	27:35.8	0:11.4	8:54/M
4	Michael Boardwin		341	42	41	28:01.4	28:18.6	0:17.2	9:08/M

Beulah Beach 5K

Age Group Results

Race Date
July 22, 2023

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
5	William Patterson		343	49	49	29:18.3	29:22.8	0:04.5	9:28/M
6	Gregory Shumaker		252	45	58	31:21.0	31:25.7	0:04.7	10:08/M
7	Laura Tooman		326	47	83	34:56.3	35:08.1	0:11.8	11:20/M
8	Sam Woodruff		272	49	85	35:00.8	35:05.6	0:04.8	11:19/M
9	Ty Winans		270	41	100	38:59.6	39:21.6	0:22.0	12:42/M
10	James Moore		334	43	108	44:59.1	45:23.6	0:24.5	14:38/M
11	Eric Cooper		314	45	129	59:04.5	59:30.1	0:25.5	19:12/M

Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Michael Huizingh		221	51	13	22:35.6	22:39.2	0:03.6	7:18/M
2 *	Kevin Landis		322	55	31	26:51.5	26:59.0	0:07.4	8:42/M
3 *	Kevin Seager		255	58	33	27:04.3	27:06.7	0:02.4	8:45/M
4	Nathan Dobert		208	50	71	32:50.8	33:06.3	0:15.4	10:41/M
5	Troy Myntti		240	55	113	48:12.4	48:23.3	0:10.9	15:36/M
6	David Szoradi		262	50	120	50:47.7	50:56.8	0:09.1	16:26/M

Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Carl Guendelsberger		281	65	36	27:19.2	27:33.7	0:14.4	8:53/M
2 *	Joe Nemeč		241	65	42	28:04.8	28:12.1	0:07.2	9:06/M
3 *	Randy Hampton		219	68	46	28:42.7	28:50.9	0:08.2	9:18/M
4	David Simko		295	60	47	29:11.6	29:31.5	0:19.9	9:31/M
5	John Moor		304	68	60	31:24.9	31:36.3	0:11.3	10:12/M
6	Brian Wagner		293	60	63	31:35.6	31:50.6	0:14.9	10:16/M