

# 2024 IHM Cuyahoga Falls 5K Run

## 5K RUN

### Age Group Results

May 04, 2024

DMC TIMING, LLC.

Men: [Top Finishers](#) [0-0](#) [1-8](#) [9-11](#) [12-14](#) [15-19](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-59](#) [60-69](#) [70-99](#)

Women: [Top Finishers](#) [0-0](#) [1-8](#) [9-11](#) [12-14](#) [20-24](#) [25-29](#) [30-34](#) [35-39](#) [40-44](#) [45-49](#) [50-59](#) [60-69](#)

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#### Female TOP 5K FINISHERS Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Molly DiMare	Cuyahoga Falls	135	14	14	21:59.8	21:59.8	7:05/M
2	Megan Varga	Akron	212	41	16	22:34.2	22:36.0	7:17/M
3	Jenny Robinson	Cuyahoga Falls OH	241	43	20	23:16.2	23:19.2	7:31/M

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#### Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Audia Warnick		229	0	44	28:03.8	28:07.4	9:04/M
2	Irma Hamilton		225	0	65	32:22.8	32:37.5	10:31/M

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#### FEMALE 8 & UNDER

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	madeline six	Silver lake	194	8	69	33:02.5	33:15.0	10:44/M
2	Emily Tomayko	Cuyahoga Falls	205	6	90	35:58.0	36:01.0	11:37/M
3	Emma McGuckin	Cuyahoga Falls	166	7	116	45:02.9	45:05.4	14:33/M
4	Isabella McGuckin	Cuyahoga Falls	165	4	119	51:14.5	51:37.8	16:39/M
5	savannah six	Silver lake	193	5	126	56:02.4	56:14.4	18:08/M

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#### FEMALE 9 to 11

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jolina Pichichero	Cuyahoga Falls	181	11	56	31:01.6	31:04.5	10:01/M
2	Elizabeth Thompson		233	11	57	31:10.8	31:14.0	10:05/M
3	Bridget Keener	Akron	154	11	66	32:27.3	32:29.6	10:29/M
4	Kate Thompson		232	11	86	35:29.8	35:33.1	11:28/M
5	charlotte six	Silver lake	195	10	122	52:42.3	52:59.9	17:05/M

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#### FEMALE 12 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Arabella Pichichero	Cuyahoga Falls	182	12	82	34:59.2	35:02.0	11:18/M
2	Stella Denholm	Akron	132	14	85	35:24.6	35:27.1	11:26/M
3	Leighton Gibb	Cuyahoga Falls	142	12	101	38:05.9	38:08.2	12:18/M
4	Taylor Visner	Akron	214	12	102	38:07.0	38:10.0	12:19/M
5	Kathryn Booker	Cuyahoga Falls	111	12	110	40:36.5	41:02.7	13:14/M
6	adaline kubasek	Akron	160	14	118	51:13.1	51:35.1	16:38/M

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#### FEMALE 20 to 24

Chip Gun

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Time</u>	<u>Pace</u>
1	Kaitlyn Mizell	Akron	173	23	81	34:44.7	34:58.1	11:17/M
2	Jenna Tucci	Hudson	207	24	104	38:38.1	38:44.2	12:30/M
3	Victoria Tennant	Stow	201	21	112	43:19.5	43:38.9	14:05/M

[Top](#)**FEMALE 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Karly Cevalasco	Tallmadge	124	27	89	35:50.6	36:01.1	11:37/M
2	Nicole Hannan	Stow	221	28	94	36:36.5	36:48.7	11:52/M

[Top](#)**FEMALE 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Lacey Tinney	Cuyahoga Falls	203	30	36	26:57.1	27:13.8	8:47/M
2	Amanda Munson	Cuyahoga Falls	175	33	52	30:38.1	30:48.5	9:56/M
3	Emily Poinar	Cuyahoga Falls OH	230	33	60	31:15.7	31:22.7	10:07/M
4	Deidre Lego	Cuyahoga Falls	163	31	63	31:33.4	31:52.4	10:17/M
5	Linda Fleming	Cuyahoga Falls	140	32	87	35:30.1	35:48.2	11:33/M

[Top](#)**FEMALE 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Natalie Baranek	Cuyahoga Falls	109	35	23	25:36.6	25:59.0	8:23/M
2	Lindsay Barton	Cuyahoga Falls	110	39	41	27:42.9	27:50.8	8:59/M
3	Whitley Jensen	Cuyahoga Falls	150	35	43	28:01.5	28:11.1	9:05/M
4	Karissa DiVincenzo	Cuyahoga Falls	136	35	53	30:42.4	30:53.0	9:58/M
5	Autumn Gaskins	Cuyahoga Falls	141	36	61	31:21.5	31:32.8	10:10/M

[Top](#)**FEMALE 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Katie Milk	Cuyahoga Falls	172	40	34	26:42.1	26:46.7	8:38/M
2	Chrissie Booker	Cuyahoga Falls	114	42	55	31:00.7	31:08.1	10:03/M
3	Caitlin Budd	Cuyahoga Falls	120	42	75	33:52.2	34:09.6	11:01/M
4	Amanda Pollak	Silver Lake	186	42	88	35:40.2	35:50.0	11:34/M
5	Erika Tomayko	Cuyahoga Falls	204	42	95	36:38.5	36:38.5	11:49/M
6	Martina Ambrosic	Cuyahoga Falls	106	43	96	36:41.8	36:51.5	11:53/M
7	Jennifer Krakora	Silver Lake	159	40	117	45:03.2	45:32.4	14:41/M
8	Diane McGuckin	Cuyahoga Falls	168	42	121	51:28.2	51:51.9	16:44/M
9	corinne six	Silver Lake	197	40	125	56:01.8	56:13.9	18:08/M

[Top](#)**FEMALE 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Anitha Monippallil	Cuyahoga Falls	174	46	42	27:46.9	27:55.6	9:00/M
2	LORI LEAVITT	Cuyahoga Falls	162	48	54	30:49.4	30:57.8	9:59/M
3	Kasie Stewart	Streetsboro OH	239	49	62	31:28.3	31:36.6	10:12/M
4	Jackie Anthony	Cuyahoga Falls	108	46	93	36:31.0	36:40.1	11:50/M

[Top](#)**FEMALE 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Helen McWilliams		238	53	48	29:21.5	29:26.1	9:30/M
2	Kareen Kovach		240	57	73	33:15.0	33:27.1	10:47/M
3	Jacquelin Burke	Cuyahoga Falls	121	53	76	33:52.6	34:01.3	10:58/M
4	Nancy Brunton	Hiram	119	59	103	38:27.8	38:40.9	12:28/M
5	Lynda Canty	Hudson	123	59	106	38:46.1	39:00.0	12:35/M
6	Patti Tennant	Stow	202	56	113	43:20.0	43:39.2	14:05/M
7	Cris Jones	Cuyahoga Falls	151	55	123	53:47.9	54:07.7	17:27/M
8	Terrie Mettler	Cuyahoga Falls	170	59	124	53:48.1	54:07.4	17:27/M

[Top](#)**FEMALE 60 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Joanne Valentik	Akron	209	63	50	29:53.1	30:10.2	9:44/M

[Top](#)**Male TOP 5K FINISHERS Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Christian Jenkins	Cuyahoga Falls	148	23	1	17:11.8	17:12.5	5:33/M
2	Drew Kushnick		226	0	2	17:33.6	17:33.9	5:40/M
3	Skipper Hayes	Northfield	146	43	3	17:38.2	17:38.8	5:41/M

[Top](#)**Male No Age Provided**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Bryan Wasnick		228	0	10	19:57.0	19:58.5	6:26/M
2	Noah Poinar		235	0	18	22:51.0	22:55.2	7:24/M

[Top](#)**MALE 8 & UNDER**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Anthony Wartko	Silver Lake	215	7	58	31:14.7	31:42.0	10:14/M
2	Colton Crabtree	Cuyahoga Falls	128	8	68	32:57.8	32:59.5	10:38/M
3	Rowan Peace	Cuyahoga Falls	178	8	98	37:14.5	37:38.3	12:08/M

[Top](#)**MALE 9 to 11**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Andrew Adam Jr.	Cuyahoga Falls	103	11	25	25:40.2	25:40.2	8:17/M
2	William Milk	Cuyahoga Falls	171	9	35	26:46.7	26:50.8	8:39/M
3	Jack Adam	Cuyahoga Falls	101	9	72	33:13.9	33:14.6	10:43/M
4	Michael Denholm	Akron	130	10	108	38:55.1	38:57.2	12:34/M

[Top](#)**MALE 12 to 14**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Alex Kee	Cuyahoga Falls	153	14	12	21:51.8	21:54.9	7:04/M
2	Nash Alston	Cuyahoga Falls	104	13	13	21:55.6	21:55.6	7:04/M
3	Ben Schrag	Cuyahoga Falls	191	14	15	22:03.7	22:03.7	7:07/M
4	Max DiMare	Cuyahoga Falls	134	12	28	26:00.1	26:01.5	8:24/M
5	Samuel Denholm	Akron	131	12	47	28:49.9	29:01.4	9:22/M
6	Justin Pulling	Cuyahoga Falls	187	13	49	29:45.1	29:46.0	9:36/M
7	Alex Tennant	Stow	200	12	51	30:37.3	30:50.7	9:57/M
8	logan six	Silver lake	196	12	67	32:32.4	32:44.1	10:34/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Nathan Booker	Cuyahoga Falls	112	15	22	25:22.2	25:28.7	8:13/M

[Top](#)**MALE 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Liam Eitman	Kent	138	26	39	27:14.8	27:23.4	8:50/M
2	Cory Grahl	Broadview Heights	144	29	40	27:31.9	27:31.9	8:53/M
3	Mike Palagano	Cuyahoga Falls	176	27	45	28:15.3	28:23.0	9:09/M

[Top](#)**MALE 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	George Varog	Macedonia OH	237	32	5	18:29.8	18:30.7	5:58/M
2	Bill Braden	Silver Lake	115	30	8	18:55.6	18:57.3	6:07/M

3	Pete Hannan	Stow	220	30	19	23:16.2	23:26.5	7:34/M
4	Connor McHugh	Cuyahoga Falls	169	32	64	32:04.7	32:23.1	10:27/M
5	Tyler McCrum	Tallmadge	164	31	70	33:04.4	33:15.4	10:44/M
6	Kevin Dremann	Stow OH	244	32	77	34:24.9	34:38.8	11:10/M
7	Scott Peace	Cuyahoga Falls	179	32	99	37:15.4	37:39.0	12:09/M
8	Frank Maue	Royal Oak	224	34	107	38:54.7	39:10.6	12:38/M

[Top](#)**MALE 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Andrew Adam	Cuyahoga Falls	102	39	4	17:52.2	17:52.6	5:46/M
2	Jake Vick	Akron	213	36	17	22:34.4	22:36.0	7:17/M
3	Keith Wojtowicz	Cuyahoga Falls	217	37	24	25:37.1	25:44.2	8:18/M

[Top](#)**MALE 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	DAVID RYAN	Cuyahoga Falls	190	44	26	25:54.5	26:02.8	8:24/M
2	Scott Raymond	Cuyahoga Falls	188	42	38	27:14.5	27:16.7	8:48/M
3	Kris Wartko	Silver Lake	216	42	59	31:15.3	31:42.1	10:14/M
4	William Six	Stow	198	40	71	33:06.0	33:18.3	10:45/M
5	Mark Booker	Cuyahoga Falls	113	43	111	41:03.7	41:29.6	13:23/M

[Top](#)**MALE 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Matt Cochran	Tallmadge	127	47	9	19:14.1	19:16.0	6:13/M
2	Geoff Alston	Cuyahoga Falls	105	45	31	26:12.4	26:15.7	8:28/M
3	Bill Gibb	Cuyahoga Falls	143	49	109	39:10.9	39:20.6	12:41/M
4	Charles McGuckin	Cuyahoga Falls	167	47	115	45:01.9	45:05.8	14:33/M

[Top](#)**MALE 50 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Michael Carney		236	50	6	18:45.0	18:45.0	6:03/M
2	Larry O'Neil	Akron OH	234	55	7	18:47.2	18:48.7	6:04/M
3	Tom Dryer	Cuyahoga Falls	137	58	27	25:55.1	26:02.4	8:24/M
4	Kevin Kavali	Peninsula	152	50	32	26:17.2	26:23.4	8:31/M
5	Frank Toth	Cuyahoga Falls	206	54	37	27:03.6	27:16.1	8:48/M
6	Mark Tennant	Stow	199	56	79	34:38.2	35:00.0	11:17/M
7	Rick Charles	StowStow	126	59	97	36:53.8	37:08.8	11:59/M
8	Nick Tucci	Hudson	208	54	105	38:38.7	38:44.7	12:30/M

[Top](#)**MALE 60 to 69**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Jim Chaney	North Canton OH	125	60	11	21:27.4	21:28.4	6:55/M
2	Gurdial Singh	Twinsburg OH	231	63	21	24:36.6	24:39.0	7:57/M
3	Mark Recktenwald	Stow	189	62	30	26:05.1	26:11.5	8:27/M
4	Rick Varga	Cuyahoga Falls	211	69	46	28:18.0	28:21.5	9:09/M
5	Mike Diamond	Mogadore OH	133	65	74	33:21.7	33:27.6	10:47/M
6	Alan Brunton	Hiram	118	62	78	34:37.0	34:50.3	11:14/M
7	John Zanin	Cuyahoga Falls	219	60	80	34:42.5	34:50.1	11:14/M
8	Rafeh Hamdan	Stow	145	63	84	35:23.4	35:27.9	11:26/M
9	Mark Helmuth	Tallmadge	147	66	91	35:58.8	36:09.5	11:40/M
10	John Cauty	Hudson	122	62	92	36:16.4	36:30.2	11:46/M
11	Michael Kubasek	Akron	161	62	114	43:47.6	44:09.1	14:15/M
12	David Parcher	Akron	177	67	120	51:27.7	51:51.3	16:44/M

[Top](#)**MALE 70 & OVER**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	WILLIAM BRADEN	Stow	116	72	29	26:02.3	26:06.2	8:25/M
2	Clark Schreiber	Tallmadge OH	192	74	33	26:25.5	26:30.0	8:33/M
3	Jeffrey Van Wagner	Hudson	210	70	83	35:05.7	35:25.6	11:25/M
4	PETE FICKERT	Akron OH	139	82	100	37:22.5	37:27.3	12:05/M

